

Foreword

"The application of psycho-analytical models for the training of psychotherapists: possibilities and limits" is the subject we have been convened to discuss at this round- table under the chairmanship of Dr. Edward Klain. I know from previous experiences how strict he may be regards keeping time schedules within boundaries, so in this my written contribution I rather adopt a telegraphic style in the form of a questionnaire.

Let me first say, though, the theme is of great actuality. I just finished reading Psychotherapy: Impact on the Psychoanalytic Training, where the proceedings of the 8th Conference on Training of the IPA, held in New York in July 1979 are reported. The theme, " The influence of the Practice and Theory of Psychotherapy on Education in Psychoanalysis" is very akin to the one we are here to examine [1]. The only difference, of course, the question is contemplated from the view-point of the IAP's Training Committee and as far as it affects the training of candidates in their Institutes.

The problem there contemplated has broad political connotations regards the future prospects of Psycho-analysis and of Dynamic or Analytical Psychotherapy. Most of psychoanalytic candidates come from the files of dynamic psychotherapy. Very few Institutes provide training in psychotherapy only beyond the one in psycho-analysis. Most of the work qualified psychoanalysts do is psychoanalytic psychotherapy and not psychoanalysis proper.

So, I conclude from that reading:

Are qualified psychoanalysts "wild" -that is not professionally trained- psychotherapists?

And, if that is the case, should we take as a model for training psychotherapists the one that the IPA's Institutes apply for training and quallifying psycho-analysts?

Of course there are other possible training schemes for the training of psychoanalysts. I myself, was formally trained both in "Psychotherapy and Psychoanalysis" and in "Analytic Group Psychotherapy" at the then so called Postgraduate Center for Psychotherapy of New York, one of the institutions which has most contributed to the scientific development of psychoanalytic psychotherapies. But even there, the educational model adopted for training did not depart much from the classical Berlin Model of the IPA. Is this the model we have in mind for training psychotherapists? If that is so, we better stop for a moment and think about what were its origens, which its objectives, and which its function within the psychoanalytical Establishment.

References

[1] Edward D. Joseph and Robert S. Wallerstein, Editors, Psycho-therapy: Impact on the Psychoanalytic Training ;The influence of the Practice and Theory of Psychotherapy on Education in Psychoanalysis", Int. Universities Press, Inc, New York, 1982.

[2] Freud. S (1914): On the History of the Psycho-Analytic Movement, SE. Vol.XIV, pg 25.

[3]Freud S.(1919): On the Teaching of Psycho-Analysis in Universities, SE Vol.XVII pg 171

[4] ibid than 3

The psychoanalytic training model.

Its origen

Its goals

Its function

A word about applied vs. operative psycho-analysis