

1993-94 Corr AG 3-0

Intercambios de la tercera etapa de correspondencia (enero 1993-dic 1994)
1993-94 Corr AG 3-2, 3-4, 3-5, 3-6, 3-7, 3-9, 3-11, 3-13, 3-15, 3-16, 3-18, 3-18a, 3-23
en relación al futuro del grupo análisis

entre
Alfreda Galt
Entonces Presidenta en funciones de la Lifwynn Foundation
Y

Juan Campos Avillar
Entonces Vicepresidente Primero de la IAGP

The Lifwynn Foundation
 Box 314
 1771 Post Road East
 Westport, Connecticut 06880

February 8, 1993

Dear Juan:

Here at last is the new issue of *Lifwynn Correspondence* recording the results of our labors of last summer of which yours was so much the guiding spark. I'm anxious to get it out to our list of 124 IAGP members in group analysis and related disciplines as soon as we can.

Your last letter to these people contained an invitation to them to attend the symposium. I wondered how you would feel about writing them again enclosing a copy of *Lifwynn Correspondence* as a kind of report on the meeting for the benefit of those who weren't there and an invitation to become involved in the study of Burrow's contributions to group analysis. Toward the close of his paper, Max made a rather impassioned statement regarding the need for a theoretical base for group therapy in general and suggested that Burrow could provide such an orienting theoretical base. And your own presentation urges a fuller study of the relevance of Burrow's research to the group analysts. So you may want to draw on these themes in your next communication to them. It would be good, too, to enclose your report on the Montreal meeting of The Study Group for Group Analysis (enclosed).

That brings me to the question of the people who actually attended that meeting of The Study Group for Group Analysis. You could send them a copy of your more general letter for their information and I think they, too, would be interested in seeing your report of the meeting as a reminder of what happened. But mostly I think we should give them some thoughts about how to begin their study of Burrow and I have been thinking about what might constitute a "syllabus" for them. I'm anxious to get your ideas about such a course of study and plan to telephone you next week about it. One important question is whether the people who have volunteered to involve themselves in this work in the different countries have access to a group of peers to work with--are there, as it were, local "study groups"? How big is the language problem? I have been thinking that *Toward Social Sanity*.. might be a centerpiece perhaps to get a group started--say they had weekly meetings, each focused on one of the six chapters in the book. Then there is also the possibility of selecting a group of papers representing different periods in Burrow's development which could supplement the reading of *Toward Social Sanity*.. As you know we are accustomed to distributing reprints without charge. We would charge our regular (post Montreal) price for *Toward Social Sanity*.. but I think it's very likely that most of the Study Group people already have it.

You asked me some time ago to write something for The Study Group for Group Analysis on "how to read Burrow." I have been thinking about that since then and I'm going to start working on it now that our General Semantics Conference has taken place (February

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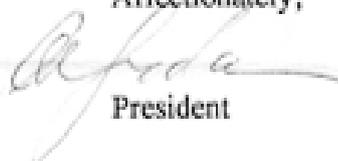
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6). I would like to have been able to get started on this much earlier but it just hasn't seemed to be possible between preparations for the conference, moving and production of *Lifwynn Correspondence*. This last was due out in November and it has been a real test of Penny and Maureen that instead it should have reached its final stages at the very moment that we were moving. We did the latter in three stages--I actually moved into my rented condominium on January 18; the following the day the library books were packed and on the 20th they were transported to Queens College. I know you will be glad that that has been accomplished. They fit beautifully into our space in the Psychology Department and look wonderful! After that, there was an interim period when Penny and Maureen reviewed the numerous file cabinets at 72 Hillandale and divided up what is to go to storage and what was to come here. On the 29th the final moving took place, equipment and supplies coming here, considerable furniture going to a consignment house and a few items passing across the street to the church for their next tag sale. It has been an enormous job and those two young women deserve bravos for accomplishing it. But all of this has taken precedence over The Study Group task and now I want to make up time starting by sending this Express Mail (at my own expense). Then I'll try to reach you by phone say, ^{on} Thursday, Feb. 18, around 9 PM your time, to get your ideas about a study course on Burrow and about your letters to the people involved.

Wednesday,
Feb. 17

This brings lots of love to you and Hanne--I so much enjoyed your warm-hearted card of greeting at New Year's--many thanks.

Affectionately,



President

Dr. Juan Avillar Campos
Grup D'analisi (Barcelona)
Passeig de Sant Gervasi, 30
08022-Barcelona, Spain

ASG:pw

P.S. Our conference on making connections between general semantics and phylobiology went well and was interesting. Hope it may lead to some continuing study.

P.P.S. Have you received an updated list of IAGP members yet?--we have not.

1993-94 Cor AG 3-4

(4 páginas)

To: Members of The Study Group for Group Analysis
From: Alfreda S. Galt, President, The Lifwynn Foundation

Subject: Burrow Study

Date: March 12, 1993

Juan has asked me to send you a copy of his report on the meeting of the Study Group in Montreal last August 26th. Also enclosed is a copy of a letter which is going to IAGP members concerned with group analysis and related fields, along with a copy of our latest journal, *Lifwynn Correspondence*. We regret that it has taken so long to get this publication to you—we have been moving and we also encountered printing delays. We had hoped to be in touch with you long before this.

Some of you expressed interest at the Montreal meeting of the Study Group in carrying out a deeper study of the researches and writings of Trigan Burrow and you have perhaps already begun to do so. There must indeed be many ways to approach this task, but if you have been uncertain how to proceed and would like to have suggestions from us, here are a few that may be useful:

Phyloanalysis, as Burrow called his group work, is an experiential exploration dealing with ourselves—our thoughts, feelings and motivations in the immediate moment. So it is difficult to imagine a wholly *solitary* study of Burrow—rather, it would seem to involve a group of peers (perhaps only one or two others) who are interested in investigating what Burrow called the *social neurosis* within their own processes. We hope the papers in *Lifwynn Correspondence* will be helpful in informing people about the background for such a study. And we will be glad to send additional copies. (Prices of this and other publications offered are shown on the reverse side of this memo.)

Do you have a copy of *Trigan Burrow: Toward Social Sanity and Human Survival* which I edited several years ago? The chapter headings also appear on the reverse side of this memo and it has occurred to us that each chapter might provide a focus for discussion and experiential work in a series of meetings.

In addition we are making a selection of Burrow's papers from the range of his writings—they will show the development of his thought and procedures over the years. The titles of these papers are also listed on the reverse side; single copies or full sets can be ordered at the prices shown.

We have not before undertaken to advise other groups about how to begin a study of Burrow and we are eager to hear from you whether this kind of suggestion is welcome or whether you have ideas about another way to approach this project. And of course we will look forward to hearing from you about how the study is going. Juan and I have begun to discuss the form of the report we have promised to the IAGP membership in Buenos Aires about the relevance of Burrow's studies to the Association's work. Any suggestions that you may have on this aspect of our joint task will also be most welcome.

Hoping to hear from you and with best wishes,

	<u>U.S. dollars</u>
<i>Trigant Burrow: Toward Social Sanity and Human Survival</i>	\$20.00 each
Five or more	15.00 each
Postage: Surface	2.50
Air Mail	5.00
Chapter Headings:	
1. The Solidarity of the Species	4. The "How" of Attention
2. Psychoanalysis: A Study of the Social Self	5. Working with Tensions
3. Origins of a Social Neurosis	6. The Global Whole
<i>The Structure of Insanity</i> by Trigant Burrow, Spanish/English translation by Juan Campos (A German/English version in preparation)	10.00
Postage: Surface	1.00
Air Mail	2.00
<i>Lifwynn Correspondence</i> , Vol. 2, No. 2	5.00
Postage: Surface	1.00
Air Mail	2.00
Selected papers of Trigant Burrow, M.D., Ph.D.	
Set of 13	20.00
Postage: Surface	2.00
Air Mail	4.00
Individually	2.00
<u>Titles:</u>	
The Laboratory Method in Psychoanalysis (1926) *	
The Group Method of Analysis (1927)	
The Autonomy of the "I" from the Standpoint of Group Analysis (1928)	
The Basis of Group-Analysis (1928)	
So-called "Normal" Social Relationships Expressed in the Individual and the Group (1930) *	
Physiological Behavior-Reactions in the Individual and the Community (1930) **	
The Law of the Organism: A Neuro-Social Approach to the Problems of Human Behavior (1937)	
Neurosis and War (1941)	
Kymograph Records of Neuromuscular (Respiratory) Patterns in Relation to Behavior Disorders (1941)	
Electroencephalographic Recordings of Varying Aspects of Attention in Relation to Behavior, with William E. Galt (1945)	
The Social Neurosis: A Study in "Clinical Anthropology" (1949)	
Prescription for Peace: The Biological Basis of Man's Ideological Conflicts (1950)	
Emotion and the Social Crisis (1950)	
Supplementary set of 5 papers:	10.00
The Male-Female Dichotomy in Human Behavior (1943) by William E. Galt, Ph.D.	
Phylopathology (1946) by Hans Syz, M.D.	
Reflections on Group- or Phylo-Analysis (1963) by Hans Syz, M.D.	
Trigant Burrow: A Pioneer Revisited (1986) by Max Rosenbaum, Ph.D.	
The Phenomenology of "Normality" in the Context of Trigant Burrow's Group Analysis (1991) by Alfreda S. Galt	
Lifwynn Foundation Bibliography	1.00

* Available also in German

** Available also in French

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March 12, 1993

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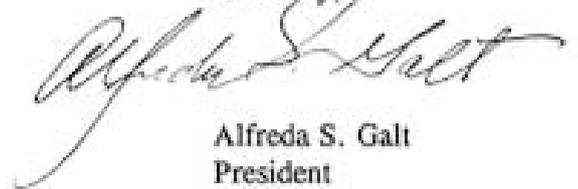
Dear Doctor:

Juan Campos has asked me to send you the enclosed copy of our bulletin, *Lifwynn Correspondence*. It contains the papers given at the symposium he chaired in Montreal entitled "Beyond Dichotomy: The Orientation of Trigrant Burrow." They describe Burrow's original group analysis and its historical connections and present his longterm observations regarding individual and social disorder. Both Juan and Max Rosenbaum in their papers recommend serious consideration of Burrow's innovative theories by group analysts and group therapists generally. Burrow's studies were conducted at this Foundation, now an organizational member of IAGP.

Also enclosed is a copy of Juan's report of the meeting of the Study Group for Group Analysis held in Montreal the day after the symposium. As you will note, there was interest expressed in this committee in carrying forward a study of Burrow's contributions and their relevance to group analysis today. If you would care to take part in this study, please let us know and we will be glad to provide reading lists, etc.

We would also welcome your comments and reactions to the material in *Lifwynn Correspondence*--it would be a pleasure to hear from you.

Sincerely,



Alfreda S. Galt
President

The Study Group for Group Analysis met at the Montreal Convention Center on August 26, 1992

There were twenty persons present, representing study groups of eight countries: from Israel, Tamara Sternberg, and Rachel Chazan; from Italy, Leonardo Ancona, Giusy Cuomo, Vincent Morrone, Anna Maria Traveno, Girolamo Lo Verso and Francesco Di Maria; from Mexico, Lilian Klein; from Portugal, Antonio Guilherme Ferreira; from Spain, Juan Campos and Hanne Campos; from Sweden, Siv Andersson and Else Bengtsson; from UK, Malcolm Pines, Earl Hopper and Piers Lyndon; and from USA, Alfreda Galt, Max Rosenbaum and Jack Wikse. The meeting had been convened by letter on June 6, 1992 and the two main issues to be discussed at Montreal were the ones decided upon during the Board of Directors Meeting of IAGP in Lisbon in 1991 by the members of The Study Group for Group Analysis Committee there present -Dr. Campos, Dr. Ferreira and Dr. Di Maria- namely a research proposal on the "identity of the group analyst" and to formulate the "aims and means" for the Study Groups in Group Analysis. A copy of the report submitted to the Board of Directors in Lisbon was made available to people convened to and the attendants of the meeting at Montreal.

Juan spoke of the interest of Burrow's work during the Symposium "Beyond Dichotomy..." the day before and his hope that the Study Group will take on the task of learning about Burrow's studies and reporting back on its relevance to group analysis today at the next meeting of the IAGP in Buenos Aires in 1995.

Then, the theme of the "identity of the group analyst" was approached by the presentation of the questionnaire that the group of colleagues from the Laboratorio di Gruppo Analisi di Palermo, Girolamo Lo Verso and Francesco Di Maria, have prepared in this regard. They asked the members of the meeting to complete it and to make comments. The information asked for concerned: 1) personal and professional data 2) theoretical references and 3) information on concrete work with groups. A discussion on the practical and financial difficulties of carrying out this research followed. From this emerged a more general discussion about the possibilities of the type of investigation proposed by the Study Group Committee. Max Rosenbaum spoke of the enormous problem of organizing this type of data and Hanne Campos mentioned as an example of organization of such data the two-year project presented by a Spanish group of group workers on the "Actual Significance of the Group" presented at the Amsterdam Congress. There, from the theme analysis of thirteen papers submitted by twenty-three colleagues of the Spanish Society for the Development of Group Psychoanalysis and Psychotherapy, emerged a group conception that clustered into these three main topics: group work as it relates to psychoanalysis, group work in institutions, and the professional identity of the group worker.

Malcolm Pines suggested that the meeting was dealing with three different themes: 1) research collaboration on group analysis 2) a study of the work of Trigant Burrow and 3) organization of data. He also spoke of the importance of a group analytic approach. Max Rosenbaum mentioned the desirability of liaison with the Society for Psychotherapeutic Research. Jack Wikse, former research director of The Lifwynn Foundation, spoke of the need to define what is research. He mentioned the generational incoherence encountered in their "social self-inquiry" on this question.

Prompted by a very concrete question by Siv Andersson, "What is the difference between attention and observation?" Juan asked about the interest in following up on the study of Burrow's investigations and five people from England, Italy, Mexico and Sweden expressed their desire to do so.

The general objectives of the meeting seem to have been met. The President of the IAGP, Alberto Serrano, has been informed of the result and has in turn asked Juan Campos to continue as Chairman and to suggest a Co-Chairman for the Committee.

For the time being, please remember that questionnaires and comments preferably should be addressed to Girolamo Lo Verso, Largo Primavera 9, 90143 Palermo, Italy.

Reading lists on Trigant Burrow can be obtained from Alfreda Galt, Box 314, 1771 Post Road East, Westport, Connecticut 06880, USA. Groups or people interested in joining the network or obtaining further information, please contact Juan Campos at Paseo San Gervasio 30, 08022 Barcelona, Spain.

April 1993

NEWS FROM THE LIFWYNN FOUNDATION

Queens College Laboratory

We are pleased to report that the president of Queens College has approved the establishment of a Lifwynn Laboratory there under the direction of Dr. Lloyd Gilden, Associate Professor of Psychology. The space (Room E324 in the Psychology Department) is well suited to group work--we have been holding our social self-inquiry meetings there and, as you know, it also houses the 3000 plus volumes and the 500 reprints of the Hans Syz Memorial Collection. (Unfortunately, there was not room to accommodate our bound and unbound journals. They have been donated to the Queens College Library where they will receive wide circulation.)

In the past, at a time when Lloyd was conducting EEG studies for the Foundation, we equipped a small soundproof laboratory at Queens which is a few steps from Room E324. It will be used for further instrumental studies as the new program develops.

This program, which will eventually involve other Queens faculty members, will not become fully operative until the end of this academic year. At that time, Lloyd's heavy teaching schedule will be reduced and he will be comparatively free to pursue the studies in attentional development and social self-inquiry being planned for this promising new Lifwynn Laboratory. *You'll notice both are included - Lloyd was very sympathetic to our feeling that group analysis would be part of the Queens program*

Meetings with other organizations

For our conference with the Institute of General Semantics, thirteen people braved the winter storm of February 6. They converged on Queens College from as far away as Baltimore, Boston and Montreal to inform each other theoretically and experientially regarding Alfred Korzybski's General Semantics and Trigant Burrow's phylobiology. It proved to be a warm-hearted and often spirited meeting which we are still in the process of digesting. We plan to include a report in the next issue of Lifwynn Correspondence.

In June we have been invited by the A.K. Rice Institute, Washington, D.C., to deliver the Margaret Rioch Annual Lecture at their yearly meeting. The talk, on the subject of attentional development, will be presented by Steve Rosen, Professor of Psychology at CUNY, Staten Island and a member of the Foundation, and Lloyd Gilden. The following day a small panel from the Foundation will meet with members of the Institute to explore parallels and divergences between the work of the two organizations. The Rice Institute and its

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affiliate, the Washington School of Psychiatry, organize and sponsor Human Relations Conferences (Tavistock Groups) based on Bion's theories.

Juan Campos, Chair of the Study Group on Group Analysis of the International Association of Group Psychotherapy and an advisor of The Lifwynn Foundation, is meeting this month with Italian members of the Study Group in Palermo. Consideration will be given to the study of Burrow's phyloanalysis which the Study Group decided to initiate at the IAGP meetings in Montreal last summer.

Discontinuation of Mailings

We plan to continue to send you notes like this from time to time to tell you about recent developments. But from now on, we will send notices of social self-inquiry meetings only to those in the New York area. If you live elsewhere but plan to be in this neighborhood some time and are free to join one of our meetings, please let us know. You will always be welcome.

With affectionate greetings to Cora

Alfreda S. Galt

April 1993

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May 5, 1993

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Einstein College of Medicine,
New York, NY*

Dear Juan:

We had a delightful visit last week from Dr. Edi Gatti of Venice and Milan. Many thanks for steering her to us through her call to you in Palermo. She came to the U. S. on a book-buying spree and left here laden with all the Burrow books and many of the reprints for which she paid a healthy sum. I am afraid she was less successful in locating the other books that she wanted to get while here - many of them were older textbooks which are probably out of print. I expect we'll be hearing from her' however, and that we can still give her some help in locating these through second- hand book stores.

I was very glad that you were going to the meetings at Palermo and hope you'll drop or fax us a line to let us know how they were. I would be especially interested to know whether you had an opportunity to talk with Dr. Ancona . In answer to a letter from me, he wrote on April 9 that he had talked with Dr. Conti at Edizione Universitare Romane and that the translation of *Towards Social Sanity ...* had been completed. However, the press wanted to make some inquiries to determine how much interest there might be in Italy in the book, remarking that it "seems to be quite difficult to read and understand." I am hoping that someone there could give them an encouraging word--Edi Gatti made the trip from Milan primarily, she said, to obtain Burrow's writings which indicates an extraordinary interest, but of course that is only one reader. Incidentally, she is the author of a book published by Franco Angeli in Italy on the work of D.W. Winnicott entitled *Dietro la maschera:Sulla formazioni del S`e del falso S`e*.

What about your own book, the one on group analysis. Will it be out soon?-we are all eager to see it and hope it will clarify some of our own efforts to explain this work

This makes me think of the meetings in Heidelberg - in August did you say? I expect you know that in addition to *The Structure of Insanity* there were four of Burrow's papers translated into German:

The Laboratory Method in Psychoanalysis

The Group Method of Analysis
The Physiological Basis of Neurosis and Dream
Physiological Behavior Reactions in the Individual and the
Community (later published 'in Etc. as

Phylobiology.')

If you felt it was worthwhile we could make inquiries about producing a booklet with the English and German versions, similar to the one you suggested last summer in French and English. I wouldn't anticipate as much interest in Burrow at Heidelberg as in Montreal, but if you feel such a publication might find an audience, we can get one started. And if not there will at least be the bi-lingual *Structure*... available. Incidentally, Edi Gatti was delighted with your Spanish/English version.

Did I mention that I received an invitation some time ago from Siv Andersson to attend a seminar with Patrick de Maré at Gothenberg the end of May. I certainly agonized over it as I would so like to have gone - it was an excellent opportunity to get a sense of de Maré's work. However, it just didn't seem as though I could muster the resources of money and energy to cope with a journey to a foreign country at this time. So I reluctantly wrote that I couldn't attend. I'm also dropping a line to Dr. de Maré to tell him how disappointed I was to forego the opportunity.

Also, I needed time to prepare for our meeting with the A.K. Rice Institute /Washington School of Psychiatry in June. I am now reading Bion's *Experiences in Groups*. Did you ever meet him? He is certainly an original thinker and of course his focus on the group as a whole is most welcome. Did Foulkes also have this holistic emphasis?--it was something that Pigott remarked on in connection with Burrow in his book. The question has come up of whether Bion had any acquaintance with Burrow's writings, some of which preceded his work by a couple of decades. Recently I came across this reference to Burrow in Alan Watts' memoirs which indicates he was known in the thirties at least to a small circle in England. Do you happen to know of any connection between Mitrinovic and any of those later associated with group study and group analysis in London?

However, I have saved the big news for last -- I am learning to use the computer! Whatever faults or omissions occur in this missive, they are all mine. I even managed italics in some spots and am beginning to get accustomed to the mouse. Next thing you know, I'll be faxing reams of letters to you and Hanne. Best of all, it's fun.

computer

With warmest greetings to you both,

Sincerely,

Alfreda
PS. I should explain that D'haenen put me on guide through "sandy" and "frontier". He is a great teacher. has been coming mostly the days a week.

In My Own Way, Alan Watts
New York Pantheon(Random) 1972

My Own University

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utterly frustrating, for the last train for Chislehurst left just before midnight from Charing Cross Station, and this circumstance ruined most of my love affairs and interesting encounters, for I could not then afford a *piéd-à-terre* in London, and realized that my parents were vaguely anxious about what I was doing. But once he kept me up until 3:00 A.M. and then sent me home in a chauffeur-driven limousine.

The historical importance of Mitrinović was that he tried to save Europe from Nazism and economic insanity. With the aid of C. B. Purdom, editor of *Everyman* and disciple of Meher Baba; David Davies, an eloquent Welshman; the aristocratic Colonel Delahaye, Watson Thomson, and Winifred Gordon-Fraser, he created—in the years between 1933 and 1936—the New Britain movement, which put forth its views in such widely circulated magazines as *New Britain* and *The Eleventh Hour*, for which I wrote reviews of books. I may be mistaken, but I am not aware that this movement has been properly chronicled, and it should most certainly "go down in history."

Mitrinović's work began in the milieu of a group, located at 55 Gower Street in Bloomsbury, which was studying the psychotherapeutic techniques of Alfred Adler and Trigant Burrow, author of *The Social Basis of Consciousness* (1927) and *Psychoanalysis* (1933) in which he contended that the ego-personality was a socially implanted fiction and not a psychophysical entity. On this ground Mitrinović developed the method of "personal alliance," which is doubtless one of the principal origins of what we would now call the "T group" or "encounter group," a no-holds-barred mutual psychoanalysis, though the meetings were not then, as sometimes now, held by both sexes in the nude. My nominal alter ego, Alan L. Watts, Gilbert Mayo, a charming physicist, and a psychoanalyst whose name escapes me constituted one of these groups, and, for some months, we resolutely destroyed and rebuilt each other's personalities. One of my train-spoiled romances was with the nannie who looked after Gilbert's children, a brunette Danish girl—Hilda—who would kiss and hug like a mink, until I had to go off and catch the 1155 to Chislehurst.

There are additional pages about
Mitrinović in the book which I
can send if you care to see them

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Barcelona May 16th 1993

Dear Alfreda,

First of all, my apologies for my delay in writing... but plenty of always pressing things kept me from something that is not a duty but a pleasure. First came the Palermo-Symposium at the beginning of April and then the Barcelona one on Narcissism which kept us on our toes. So I will try to now catch up with your letters of February 8th and May 5th, 1993.

Although the package of Lifwynn Correspondence Vol.2 No.2 of Autumn 1992 did not arrive in time for Palermo, I took with me close to fifty xerocopies in A4. So, the ones I now have here from you, I will take them along with us to Valencia where we are having a Symposium at the beginning of June on "Therapeutic Communities" and then to Heidelberg for the European Symposium on Group Analysis. Hanne translated my Montreal article, publishing it in the last Bulletin of the Spanish Group Psychotherapy Society. Also, I finished last Friday my yearly ten sessions demonstration of group analysis at the University; this year too, doctoral and college students together. The more I try to sell Trigant Burrow, the more convinced I am is that he is not for sale and the more I understand what he meant by resistances to group analysis. Regardless, we have done our best and now and then somebody like Edi Gatti pops up and gets interested. By the way, did you invite her to set up a Study Group back in Venice?

In reference to the Study Groups, I spoke with Franco Di Maria about it in Palermo. The truth is that they were very busy doing their own thing, a huge conference on "Future and Creativity", mostly attended by their psychology students and colleagues of other universities, altogether about 300 of them. The conference was a great success -of course, according to their standards and after this, my second visit, I am quite convinced that the Laboratorio di Gruppo Analisi is very unlike the Lifwynn Laboratory for Research in Social and Analytical Psychiatry. Malcolm was there and so was Earl Hopper, but Ancona had to cancel because of heart arrhythmia at the last hour. Nevertheless, I sent him a copy of my paper and I spoke with him over the phone. In my conversation with Di Maria, I realized that none of the Members of the Board of Directors of the IAGP attending the Montréal meeting are ready to put much effort behind the Study Groups project, regardless if the topic of study is Trigant Burrow or whatever. From the people there, the only ones that have shown true

interest are you and, maybe, Siv Andersen. So, I very much would like to propose you to co-chair with me the Committee. It would not take more effort than the one you already put into it. And, since the next meeting of the Board, after Heidelberg, is going to be in New York in February 1994, we can be sure to be able to meet on that occasion. In the meanwhile I feel we should rekindle the Study Groups Network with a second letter to the people who came to Montreal and some others. I take it that you, just like myself, have had no feedback on the first letter and the bibliography we sent to them with the last issue of *Lifwynn Correspondence*. If you agree with my invitation, I will send to Alberto Serrano a firm proposal for your co-chairmanship, so to include that news in the second letter.

We quite realized how hectic the time at the beginning of March was for you with the move out of Hillandale and I am glad that the arrangement at Queens College looks much more promising than I thought it would be.

Now, back to your letter of May 5th. I am glad you enjoyed the meeting with Dr. Edi Gatti. I don't know her much but Diego Napolitani who recommended her is, besides being a pioneer in Italian Group Analysis, a quite reliable person.

Regards the translation of "Towards Social Sanity", we are quite familiar with the answer of Dr. Conti of Edizione Universitare Romane but I hope that there is enough interest in the translation. The people of Palermo are quite enthused with our bi-lingual miniature facsimile of "The Structure..." and said that they were going to start immediately its translation into Italian. I will check on that soon.

Today, I also consulted with the people in Heidelberg if there would be any interest in an edition of the Trigant Burrow papers in German you suggested, asking them to let me know about it and also in reference to "The Structure...". Anyhow, I would like to hear the idea you have about such a booklet. I don't think it is worth typing anew all the German articles. Maybe by putting them side by side with the English ones and enlarging or reducing the xeroopies would be enough and that way it would not be hard on us in time and money. If that is done in A4, then we can reproduce them here quite easily and very inexpensively. To give you an idea, the copies of the last issue of *Lifwynn Correspondence* came out at \$2.50 a piece. Certainly, that way we can save on mailing.

I understand that you did not go to Gothenberg. Even though to be with Pat de Maré in one of those meetings is quite interesting, I don't think it is worth the effort. He is travelling all over the world and perhaps you may have an occasion in America. What sounds to me much more exciting is the meeting of the A.K. Rice Institute - Washington School of Psychiatry. I think you are going to be great as always. Don't overextend yourself in the preparation. Relax, let yourself go, and be sure that from you cannot come anything else than group analysis.

Finally, I never met Bion. Hanne did on one occasion and she thinks that he was a true guru, a royal chaman of the Kleinian clan. But, I know well his work and I spent many hours reading his *Experiences in Groups* and the rest of his writings. His method of dealing with groups, however, I think derives from Hadfield, an eclectic psychoanalyst of the Tavistock who was his first analyst. That is rarely said, however, because after a short analysis with John Rickman, when he started one with Melanie Klein he had to chose between groups and schizophrenia, his choice being the latter. I think I have written about that somewhere. Foulkes was certainly much more holistic in his outlook. He included himself in the group, thing that Bion did not do. However, that approach Foulkes learned from Kurt Goldstein's organismic psychology, with whom he worked for more than two years. and from Gestalt Psychologists like Ademar Gelb who also worked with Goldstein. I doubt very much that Bion ever was acquainted with Burrow's writings, he was much too much interested in his own thinking. I am sorry, I am not at all familiar with Alan Watts work or the reference he makes to Mitrinovic. Thanks for the copy of the quote and your offer to let me see more of his work, but unfortunately I don't have time to go into it now. The person to consult about this is Pat de Maré, since he was very much engaged in groups before the Second World War in Oxford and he was one of the followers of Basil Beaumont. You can find a copy of the latter's "The Technique of Group Work", first published in 1935, that Pat reproduced in GAIPAC 1976, 9(2) p 136 and following. You will find it a very exciting experience. If you don't have the issue, please let me know and I send you a copy.

I am glad you dared to enter into the computer world. Six or seven years ago I said to myself that if I did not I would be losing something of our times. Well, I don't know if it is worth being so modern. I spent the whole last two weeks Hanne's computer with mine and so far I and have not succeeded. So, I am seriously considering to buy myself an inkpot and a quill and go back to ponymail from now onwards. Seriously, I wish you the best in this adventure. Hanne most certainly sympathises with you, but she has a very bad teacher, that's me.

With best regards to you and Maureen, and love from Hanne and myself... I will give a trial to my FAX before I go to bed... if not this letter will go tomorrow...

Juan

A VERY INTERESTING LETTER
UNA CARTA MUY INTERESANTE

1993-94 Cor. AG 2-9

J. J. A. 2011

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June 4, 1993

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Dear Juan:

Thank you for your fine letter. We first received two truncated copies and I am sending one of these to you separately in case you can tell what the problem was and perhaps how to avoid it. The next day we received not one but two full copies--perhaps the original that you had sent and then a second one? Anyway, we have it and I thank you warmly for writing so fully.

I was delighted to hear that Hanne had translated your article for the bulletin of the Spanish Group Psychotherapy Society. That is splendid. If you can spare a copy of the article, as it appeared in the bulletin, please send it to us by surface mail. We are proud to have these things to show people but if it is too troublesome or expensive, never mind.

The conference in Palermo certainly sounded like a very ambitious undertaking. What was the subject of your paper? It was good to have news of Malcolm and Earl Hopper but sad to hear that Dr. Ancona was under the weather. I have heard nothing further from Dr. Conti of the Edizione Universitarie Romane about an Italian version of *Toward Social Sanity...* I will get a letter of inquiry off to her in the next few days.

I am struck by your conclusion that "the more I try to sell Trigant Burrow, the more convinced I am that he is not for sale..." Considering the kind of commitment that he is asking for in his readers, it is not surprising that he has been put aside, disregarded, misrepresented--the social "I"-persona presents so many attractive alternatives that do not require the concentration and challenge that is inherent in phyloanalysis. I have been much interested in getting to know Bion's writings with their emphasis on the pathological dynamics of the group. I think in our own work in social self-inquiry we still focus too much on individual reactions--on altering them through resort to sensing the tensional patterns around the eyes. These are of course valuable observations (separately I'll send you a brief memo I wrote recently about some solitary experimentation I did). But we can begin to broaden our focus to include our reactions as members of the wider group, so we can detect, as Bion certainly did within the therapeutic group, the operations of the social neurosis in a

broader context. Do you have any opportunities for this kind of work--for instance, with the urge which you and I both share to "sell" Trigan Burrow?

It is interesting that the symposium in Valencia is to be on therapeutic communities--will you be making a presentation there? It seems to me the Lifwynn experiment fits into the subject very well. On the question of the Burrow project of the Study Group for Group Analysis, you are correct that I have had no feedback to the letter we sent in March. Evidently the project is not going to take off along the lines that we considered possible--I think we were well advised to set the meal before them and, if they are not hungry, what can we do? I myself feel that it is not yet time for another letter and that when we do write it would be good to have more concrete steps to suggest. I would like to take time to formulate something after I return from Washington on the 14th and I'd also like to postpone for now the question of my being a co-chairman of the Study Group; I would just like to think about it a little bit more and have a chance to talk with my co-workers; we have all been so focused on preparations for the Washington School of Psychiatry/A.K. Rice meetings that we have not really been able to take up other questions. I hope that is okay with you--it doesn't lessen my appreciation for your having suggested that I share the chairmanship with you.

We have heard further from Edi Gatti and she has been invited through Dr. Napolitani to write an article on "Burrow's biography and thinking" for the Rivista Italian Di Gruppo- analisi. She was also to make a presentation to the research group in Milan about Burrow and her meeting with us. I did not explicitly suggest that she organize a study group there (incidentally she seems to do her professional work in Milan, rather than Venice): She really did not know anything about Burrow when she arrived here except that she had been told (I believe by Dr. Napolitani) that he was the first group analyst. (And until you began educating the IAGP, even this was not known!) I am sure she will send us word about how the presentation went and it's possible that she will find enough interest to get a study group going--she definitely has the energy to do so and I will certainly suggest it when the time seems appropriate.

I'm very interested that an Italian/English version of *Structure* ... is in the works. I think you may really have started something when you produced the first bi-lingual facsimile. Will you check the Italian translation before it is printed?

In Montreal, we used the actual reprints of the French and English versions of the four papers that we had, using one of those folders with pockets--we put the English copies of one side and the French on the other. I believe we have the original reprints in English and German of the four papers I mentioned in my last letter and can send single copies to you by surface mail; if you will let us know fairly soon whether or not you want them, they should reach you in time for Heidelberg. I am not familiar with what you mean by doing copies in

A4--perhaps we use a different term here? It certainly sounds like a reasonable process but you evidently invested a good deal on *Lifwynn Correspondence* for the Palermo meeting. I am grateful for this but annoyed that the copies we sent did not arrive in time.

I had a lovely letter from Patrick de Mare in answer to mine about having to miss the Gothenberg meetings. I am sending you a copy separately.

I loved your remark about buying an ink pot and a quill but it is true that one is more in touch with the times when one has a smattering of computerease. I find so many people make immediate contact if you start talking about disks and drives. However, I have still not tackled our IntelsatisFAXtion, so this letter will wait until Friday when Maureen will be in and can get it off to you.

With much love to you and Hanne and thanks again for your letter.

Alfreda

A handwritten signature in cursive script, appearing to read 'Alfreda', written in dark ink.

Experimentation Sunday, May 8, 1993

I awoke this morning in some distress over a situation/ of conflict between my daughter and son-in-law on the one hand and my son and daughter-in-law on the other regarding a visit of the latter to the former. The situation is a replay of others that have occurred in the past in which I seem to be in the middle of the two families and I decided that it was something from which it was important that I withdraw in the sense of the emotionally packed situation.

Turning from thought to sensation, the strong muscular tensions inside my mouth first came to awareness - these are more or less continuous with me in attention and result in a kind of suction inside my mouth that keeps it firmly clamped closed. These tensions relaxed and very light sensations around the eyes came into awareness. The connection between the thought of the conflict and these sensations became apparent and they dissolved on both levels.

Since then I have been able to think of the situation between my children without the conspicuous pain that had been associated with it. And I was reminded of a conversation I had with Clarence Shields many years ago; I raised the question with him why it was that even after I had "worked with" an emotional situation phylobiologically, it would recur. He said, "You probably did not observe it completely." I believe that this morning I did make a complete "observation" that resulted in what Burrow refers to as separating symbol (thought) and affect (feeling). In terms of behavior, the result of this experimentation is that it was not necessary for me to get out of pain; it was removed as a motivation to behavior. I do not mean that similar reactions will not be triggered in me or that when it is I can deal with it as "successfully." But the experience is an indication of the power of the technique described in Burrow's writings.

This experimentation entails a shift of mood without the use of drugs which might have some significance in a wider context, although it is important not to think of phylobiology as a trouble-shooting "procedure." I remember Mary Alice saying at our addiction conference that she didn't recommend using sensory awareness as a "bandaid."

ASG

AUG-05-1993

09:13

FROM

AIRBOXES ETC

TO

0113434175639-025

P.01

ALFREDA

August 5, 1993

1993-94 Com AG 3-11

Dear Juan:

It was good to speak with you and Hanne yesterday. I am glad the books and papers arrived safely. We are sending a list of suggested prices with this and they include an allowance for postage and a thirty percent cut for the bookseller. We think it might be good if he would be willing to take the money for any orders that come in and, when the meetings are over, send us a covering check for our share along with the names and addresses of the buyers, preferably on labels. But of course whatever arrangement you work out will be satisfactory to us.

I was also delighted to hear that the new Structure . . . is ready. We must see about our getting a few copies--maybe five--when you return from the conference. We would be glad to pay for them and for the postage. Do you also have in mind that the reprint of the German translation of Structure . . . should be returned to us--it is our only copy of the original publication.

With this I am also faxing the proposal for the Study Group for Group Analysis that I have mentioned in our phone conversations. It is in the form of a memo to you which can be passed on to the Study Group if you see fit. I have put my thoughts about Pat de Mare's possible participation, etc., in a separate document headed "Background considerations" as they are quite jumbled and tentative. You could tell the Study Group about some of them if you wanted to without having to show them the document.

At the same time I think I should confirm the reply I gave in our earlier phone conversation to your valued invitation to co-chair the Study Group. I was touched by your confidence in me and you know I am deeply interested in the purposes of the Group. But as I said, I feel the need for less involvement in organizational activities and more in writing and I want to try to stick to that resolve.

It sounds as though the meetings are going to be rather exciting and I hope they'll include opportunities for fun, too, and visits with old friends. I'll be looking forward to seeing your paper when you can send it and would be thrilled to read Hanne's also if it's in English. I always appreciate what she writes.

With affectionate greetings to you both,

P.S. I received a handsome brochure yesterday about the Pacific Rim meetings in September and see some familiar names among the presenters.

TO: Juan Campos, Chair
The Study Group for Group Analysis
International Association of Group Psychotherapy
Barcelona, Spain

FROM: Alfreda S. Galt
The Lifwynn Foundation
Westport, CT, USA

DATE: August 5, 1993

You no doubt recall that Max Rosenbaum, in his address at the Burrow symposium at the IAGP meetings in Montreal, quoted Malcolm Pines' remarks at the Plenary Session that morning: "He asked us to think...why we haven't been called upon in the effort to understand the terrible tragedies that are going on in the world."

And Max went on, "It's kind of ironic that we have a conference here on *Love and Hate* and yet we're not called upon to investigate why a nation fragments, why people are killing one another and why children are dying in Somalia. Somewhere we're failing and I think this is what Burrow was asking us to explore."

In line with our recent telephone conversation, I am taking the liberty of proposing that the Study Group for Group Analysis take up these questions as a major concern and that efforts be directed toward organizing a symposium on them at the meetings in Buenos Aires in 1995.

Certainly there is justification for a study of the role that group analysis and the IAGP might play in the global arena and I feel that the Study Group for Group Analysis, as a collaborative networking project, is in a favored position to carry it out. I hope this suggestion can be considered by my fellow members of the Study Group when they get together in Heidelberg.

Background considerations

There would be many different ways to organize a symposium for the purpose of examining why the IAGP is not functioning on a broader social scale and how it can effectively do so. I do not want to inhibit a wide-ranging discussion of different possibilities but want to share some thoughts that have come to me, for whatever they are worth:

At this time last year, The Lifwynn Foundation was developing plans for a project on sociotherapy which could be taken over by the Study Group for Group Analysis, if it appealed to them.

Sociotherapy project

This project was suggested by Jack Wikse and proposed by us to Patrick de Mare and David Bohm in December, 1991.

The idea was to conduct a dialogue involving them and me on the subject of "what is sociotherapy?"—that is, what would constitute therapy for society-at-large? It was our understanding that the term *sociotherapy* was introduced by Dr. de Mare and has been used with various meanings by different people.

Both men expressed interest in pursuing this project and we talked tentatively with David shortly before his death about convening in England in June 1993. The plan was to tape the dialogue and later circulate significant excerpts to a wide range of scholars and investigators for their comments. It was hoped that a volume on the subject would result and that it would help to focus attention on the need for measures to relieve the social pathologies of our time.

With the thought of enhancing the feminine perspectives in the conference, there was also a contact with the anthropologist/educator, Mary Catherine Bateson, who indicated that the project was of considerable interest to her also.

With the death of David Bohm in October 1992, the plan was abandoned. However, in a recent note from Dr. de Mare, he indicated that he was interested in the possibility of reviving the project. Could the symposium in Buenos Aires be built around this idea of a preliminary dialogue among perhaps six or seven participants which would be distributed widely and would form the basis for discourse at the B.A. meeting? Or would this be inhibiting to a discussion that should be very diverse and include a myriad of perspectives?

When I mentioned this plan to Marvin Skolnick of the A.K. Rice Institute and an IAGP member, as you know, he remarked on the interest in their organization "to reveal not to correct." He quoted an associate who speaks of the "politics of revelation not the politics of salvation." Perhaps the project I've proposed in the accompanying memo should remain simply an inquiry to try to answer the questions raised by Malcolm and Max in Montreal.

Fantasies and wishful thinking

You spoke at one time about the possibility of approaching the Postgraduate Center for Mental Health in New York regarding a meeting between them and The Lifwynn Foundation, perhaps along the lines of the

exploratory get-togethers we held this year with the Institute of General Semantics and The A. K. Rice Institute.

Could we think in terms of approaching the Postgraduate Center about the possibility of their inviting Dr. de Mare to come to New York to:

- 1) conduct a median group seminar at the Center. (I would like to be the first registrant and I believe there are many others who would welcome the opportunity to work with Dr. de Mare.)
- 2) set aside one or two evenings for dialogue between members of The Lifwynn Foundation, Dr. de Mare and the staff of the Postgraduate Center to explore connections and divergences between the various approaches represented.
- 3) participate with a small group of peers carefully selected after consultation with him, in a series of meetings to discuss the question, "What is sociotherapy and how can it be used to benefit humankind?"

If Dr. de Mare could arrange this visit for February, 1994, it would be especially fortunate as it would mean that some members of the Study Group for Group Analysis would be in New York City and could participate with him in preliminary planning and dialogue on questions to be considered at an IAGP symposium in Buenos Aires.

Some questions for preliminary consideration:

As indicated above, our plan for a sociotherapy project involved an initial working group to draft a definition of the problem and some possible solutions; and to submit this draft (in the form of transcribed dialogue) to the wider group for comment in the form of papers. An alternative might be to circulate papers and proposals prior to the symposium, and use that gathering for direct interchange on the subject, expecting the "final product" to emerge from the symposium itself?

And what "product" should be envisioned? how would results be disseminated--through a book? a TV documentary? a continuing network of groups concerned with finding ways to use therapeutic skills to relieve social problems? other?

Is it feasible to try to think up a "system" of therapy or does it grow through observation of the "patient," as exemplified by Trigant Burrow's thirty-year investigation of the social neurosis and by Dr. de Mare's long term observation of cultural microcosms in large and median groups?

Is it possible to assist a "patient" who has not recognized his/her own illness? has this realization begun to develop in the community at large?

Should participation in preliminary dialogue be limited to IAGP members or should experts be invited such as Mary Catherine Bateson and others? Is there someone who can represent David Bohm's extraordinary insights?

Rather than trying to draft guidelines for considering the IAGP in the context of global problems, should the Study Group seek input from various groups concerned with particular problems, such as overpopulation, environmental degradation, nuclear proliferation, etc.?

As regards the symposium itself, would we want people to come together to read position papers to an audience; or can papers and ideas be circulated ahead of time, as suggested above, and reserve the face-to-face meetings for a direct exchange of ideas?

Would we want to conduct discussions with the usual meeting set-up: a moderator, a chairman, etc., or experiment with some kind of open format?

Would we undertake to observe society's problems as they may show themselves in the course of our own deliberations and discourse?

Undoubtedly many more questions will suggest themselves, not the least being whether such a proposal as this is feasible at all and whether it is worth pursuing.

Alfreda S. Galt

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November 16, 1993

Dear Juan:

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It has been a long time since we received your treatise on the roots and destiny of group analysis, as well as Hanne's paper, but I want you to know that I have read them both with very great interest.

I am impressed by how consistent you have been throughout the years in your vision of the essential nature of group analysis and the direction it should take. I have not yet heard what happened at the adjourned annual meeting in Heidelberg but I hope that the time and effort you devoted to reviewing the relevant documents for your colleagues was rewarded with very thoughtful consideration. I found the chapter called "From the Politics of Teaching to the Pragmatics of Learning," especially rewarding--I read it several times. But the booklet as a whole was helpful in giving me a clearer picture of Dr. Foulkes and his position; and it also helped me to understand why you were so enthusiastic about Burrow's writings when you first came upon them. His insistence that group analysis is the analysis of the group by the group certainly must have resonated with your own ideas. And Foulkes' emphasis on the need for "a group of colleagues, of group co-learners," (to use your words), in an "education which never ends" was very close to Burrow's. It reminded me of a touching passage from "Psychoanalysis in Theory and in Life," a copy of which I am enclosing.

Was anyone interested in reviewing the constitutions and by-laws that you appended? I myself enjoyed dipping into them, but then I have no responsibility for decisions about the future of the London organization. Incidentally, there were some typographical errors in the information about the Foundation, some of which you have probably noticed. If you ever have occasion to reprint that part of the booklet, please be sure to let me send the corrections. Also I was uncertain what you meant (on page 83 of the chapter on politics and pragmatics) in speaking of a group being "exploited at the service of its leader or of an ideology." It didn't ring true to me in relation to Burrow but perhaps we should talk about this some day. But these are small reservations in relation to your presentation as a whole and I thank you for sending me a copy.

We have been extremely busy getting out Volume 3, No. 1, of Lifwynn Correspondence which will be on its way to you shortly. Separate copies are going to you and Hanne, as usual, in case you should each want a copy to make notes on. If you would be just as glad to share a copy, let us know for our next mailing. I don't think that this issue has quite the breadth of interest of the previous one with the papers from Montreal, but nevertheless I will be hoping to hear from you about it. We would particularly welcome any response you might care to send to the proposal that we try to use Lifwynn Correspondence itself as a vehicle for self-inquiry. You will see that this is suggested in the editorial on the inside front cover and in an article on page 5. If you care to send comments which might be publishable in the next issue, they would certainly be welcome.

Another matter that has occupied us has been an application for a fellowship which I made in October to the John Simon Guggenheim Foundation and for which I took the liberty of including your name as a reference. This is an organization that gives only to individuals not to any institutions, and I asked for funds to enable me to write my own recollections of group analysis as it relates to current trends in social psychiatry and elsewhere. Among the activities that I hoped I might carry out was to take a workshop with Patrick de Maré in London and hold some discussion with him about the relation between his work and Burrows; also some collaboration with other organizations such as the A.K. Rice Institute. In the event that my application gets that far, they will send you a copy of my proposed research for your comments. I hope this won't be a nuisance if it occurs.

I am still looking forward to word from you about the meeting of the Study Group on Group Analysis--now the Section on Group Analysis--of the IAGP in Heidelberg. I noticed that you mentioned my proposal of a symposium in your booklet and wonder whether it was discussed. As a matter of fact, it seems to me I am hearing of more and more psychotherapists and others who are introducing various forms of conflict resolution into the trouble spots of the world, so that the symposium I suggested may not be needed by 1995. Was there any discussion of future programs for the Section on Group Analysis? When and if you have time, do send me word.

We have not heard from the bookseller at the Heidelberg meeting which I guess means that he did not get any orders for us. How about the German/English version of The Structure of Insanity? Did you sell any of them? I believe that I have already told you how impressed I was by the way it was put together. A charming piece of

work.

Please tell Hanne that I enjoyed her article very much--I really like the passion and spirit in it. Recently I had a conference with a Kenneth Chatelaine, an analyst in Maryland who is an authority on Harry Stack Sullivan. Is the latter well known over there? Dr. Chatelaine feels he was deeply influenced by Burrow and hopes to write on the subject. Hanne's article reminded me of Sullivan in spots. I look forward to writing her about it as a whole, but right now I am getting ready to leave on the 20th for a couple of weeks with my son and his family in California. I will be back here December 5th.

Hoping this finds you well and with affectionate greetings to you both,

Sincerely,



President

Dr. Juan Campos
Grup d'Analisi
Passeig de Sant Gervasi, 30
08022-Barcelona, Spain

P.S. I received minutes of meetings of the organizational members of IAGP held in Heidelberg and Taiwan but haven't had time to read them yet. They mentioned a meeting in Washington in February (I thought it was New York). Are you and Hanne coming by any chance?

ASG:ph

Trigant Burrow: Social Basis of Consciousness London: Kegan Paul, Trench, Trubner, New York: Harcourt, Brace, 1927, pp. 29-30. "Psychoanalysis in Theory and in Life," The Journal of Nervous and Mental Disease Vol. 63, #3, Sept. 1926, pp. 222-23.

But there enters here a consideration of vital importance and one that has not yet been adequately reckoned with and understood. If the psychoanalyst is to be the recipient, there must be those who stand to him as recipient also. If he is to understand, he must be understood. If the life of the analyst is to be a reality and not a system, he himself must in reality participate in the life in which he invites others to participate. If it is his thesis that human life cannot subsist alone, that communication is life, that it is the very meaning of consciousness, neither can he subsist without communication.

And so there need to be in the life of the analyst the personalities with whom he may share, with whom he may communicate, who accept him and are accepted by him in turn. For to analyze is to be analyzed, to understand is to be understood. Needless to say these are conclusions to which I have not come alone. I could not have. They are the outcome of my own opportunity of participation and expression, as the need of communication has come to unfold itself in my own experience.

1993-94 Com AG 3-15

+ 3-8

(8 paginas)

+ 3-14

January 21, 1994

Dear Juan:

The FAX has finally been repaired--it took two visits from a computer expert and a telephone conference with the INTEL people to restore it to the screen. It had really disappeared--even the little icon that comes up with the directory was no longer visible. Apparently the problem was that someone had exited improperly from the FAX/WINDOWS mode and I think it was I. Anyway it is back in the fold.

It will be several days, however, before this letter is transcribed, as I am at my daughter's home for several days to recuperate from a small operation to remove a skin cancer from my lower eyelid. I am sporting a large bandage and am unable to bend or lift anything for a few days, so it seemed best for me to come here.

Nevertheless, I wanted to respond to your FAX of a couple of weeks ago about the microfilms of the Burrow correspondence. It would not be feasible for us to have these copied for your use, even though I may have indicated that one time off the top of my head. Before the files went to Yale, they were very carefully reviewed and a large number were placed in restricted folders not to be opened until 2003. This was done particularly with files of patients whose records needed to be protected. In the microfilms as we first made them, these letters are all jumbled together with the others and indeed we never intended them to be for anything except our own use. In addition, the microfilms were only of the correspondence, whereas a large and important segment of the collection are the unpublished manuscripts, laboratory notes, book reviews, references, etc. etc. If it seems that it would be helpful to have copies of the files in your hands, or at the University, it would be better to start from scratch and make copies of the entire Burrow collection at Yale with the restricted folders on a separate reel. I can get an estimate on such a job but I imagine it would be prohibitively expensive. I regret that we can't just copy the raw files as we did before but I know that Emily and Hans Syz, who worked with me in determining which materials were too sensitive to disclose, would not want to see that done.

I feel badly that you do not have the joy a good night's sleep every night. I myself was given this gift as a child and have cultivated it assiduously in later years. But at the same time I am convinced that one can experience deep rest without actually going to sleep, if it is possible to quiet the activity of the mind and feel the weight of one's body in the bed, especially the weight of the head with not too high a pillow. Or perhaps it is the other way around--feeling the weight of the body in the bed tends to quiet the activity of the mind. I am not sure how much sense that makes to another person--in these

matters we are really dealing with what Korzybski calls "the silent level," the non-verbal and ineffable, but that is a description of my experience to the best of my ability and it would certainly be a great satisfaction to me if, in this way or another, you found your way back to sleep.

We had a meeting of the directors on January 19 to consider the Foundation's financial situation which, as you know, is pretty grim. We have funds to continue our present level of activity only through fiscal '95, less than two years, and the office will probably have to be shut down at that point, unless there are other funds available at that time. But the directors felt the organization should continue as a nonprofit entity even after that point and not be terminated. We will be sending out a notice on the question of the Foundation's future to our advisors and long-time friends when we have an opportunity to look further into legal and other implications of the situation. Meantime, I should hear from the Guggenheim Foundation sometime in the next few weeks and it could make some difference if they accepted my proposal. We will keep you in touch.

And now I have a suggestion for you: Did you notice in our last Lifwynn Correspondence that we are suggesting the possibility of conducting a social self-inquiry in the publication itself? (As you know, we are using the term social self-inquiry rather than group analysis so that it will not be confused with other forms of the latter, but by social self-inquiry of course we mean Burrovian group analysis.) This proposal of ours really developed out of the suggestion you made in one of our telephone calls that we try to get the subscribers to take an active part in the publication.. A copy of the proposal as it appeared in the last issue .accompanies this FAX, and I wonder whether it bears any relation to Foulkes' proposal for GAIPAC. In reading your review of the history of group analysis and the Group Analytic Society (London), I had the feeling that Foulkes was thinking in terms of a kind of group analysis for group analysts. Is that correct? It may be that our suggestion goes further than Dr. Foulkes' proposal but is it along the same line, and would you consider writing something on this subject for the next issue of Lifwynn Correspondence? Your input could be meaningful and it would not require any kind of a formal statement--anything from a page double-spaced to three or four, as it suited you. We would need it by March 1st. Would that be a possibility for you? I will look forward very much to having your response.

This brings warm greetings to you and Hanne. I have been thinking of her Heidelberg paper as I recently read an article by Marvin Skolnick, the psychiatrist who attended the symposium in Montreal and arranged our meeting with the A.K. Rice Institute. His paper is still in draft but it deals in large measure with barriers and boundaries in the therapeutic community which he has

coordinated for a number of years in Washington, D.C. and I have his permission to send a copy to Hanne which we'll do in a few days.

Sorry you won't be coming to the Washington meeting next month. Marvin is doing a workshop, I believe, with Malcolm Pines and Earl Hopper. Wish I could hear it.

Love to you both,

Alfreda

P.S. January 28: I came home on Monday and we have been trying since then to send this to you, but evidently you are away. We will keep trying but meantime, I want to let you know my eye is healing properly though slowly--it will be a while before it gets back to normal. However, my heart was lifted yesterday by a wonderful letter from Pat de Mare, very cordial and looking forward to meeting me. He is to give a workshop in Cambridge, Massachusetts, of next October and of course I plan to attend. He also enclosed a copy of a letter he sent recently to the editors the newsletter of the Institute for Group Analysis which I expect you have seen--it certainly provides food for thought.

1993-94 Corr AG 2-8 (see in case mismo archivo)

Again, love to both,

Alfreda

see in case mismo archivo
1993-94 Corr AG 3-14

A Social Self-Inquiry Through Lifwynn Correspondence?

At our social self-inquiry meeting September 12, Alfreda brought a draft of the editorial she and Mary Alice were writing "To our subscribers." The idea of inviting the readers of this journal to participate also in social self-inquiry stirred up interest. But Lloyd Gildea felt more needed to be said:

Most people don't know how to go about engaging in social self-inquiry. Perhaps we could give an example. Say, a reader were to write a letter and say, "As I read Lifwynn Correspondence, I had a sense of anxiety--"oh, about anything." As I read Gildea's research proposal, I had a sense of despair that he was going off on a wild tangent. I realized the sense of despair may be because my ideas about research might be very different from his." So I would then be sharing my affect about something I read in Lif. Cor.

On the other hand, that doesn't quite say it. In social self-inquiry we try to share the fact that we are observing some affect in ourselves. It's a form of self-observation, introspection, in which the reactions are being noted and questioned. If I experience affect or, as you said before, experience an authoritarian urge, merely reporting it isn't all we're doing. That's a hard point to get across. We are not simply saying "mea culpa." We are noting the dysfunction and somehow sharing that, or questioning--that is a word that keeps coming back--we question, and I don't think most people understand that. It's not trying to justify it; it's not even necessarily trying to dispel it; it's observing it for the sake of observation and perhaps further consideration. (See pp. 29-32)

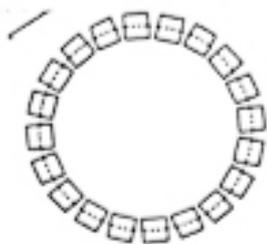
Every publication has letters to the editor. Some people say, "I agree with you; right on; go for it." Some people say, "You're all wet; that was a horrible report; you guys don't know what you're talking about." Both of those are ditentive statements. Neither realizes he/she is making a ditentive statement. Neither is looking at the ditentive process as he/she reacts to or evaluates the article. We want to go a step beyond and question the efficacy of the affective reaction.

Alfreda expanded on these remarks:

And we are not doing it to make ourselves better people necessarily or to be more effective at our jobs. We do it because our affect is an example of the kind of impediments we see in the community-at-large. We let the sensations associated with it come into awareness so we can distinguish them from the balanced tensions of the whole functioning organism. We want to understand what ditention is and how it complicates communication and relationships everywhere.

We felt the considerations raised at our September 12 meeting might clarify what we have in mind in proposing a social self-inquiry through Lifwynn Correspondence. We look forward greatly to your response and to the broader possibilities that may suggest themselves as we explore this proposal together.

* * * *



1993-94 Con AG 3-14

Median Group Section
The Group-Analytic Society (London)
1 Daleham Gardens · London · NW3 5BY

Please reply to:

November 1993

To The Editors
'Dialogue',
News Letter
Institute of Group Analysis

KITH, KIN AND KOINONIA

Dear Gill and Meg

Since a prophet is not honoured in his own country, I was not surprised to discover that Michael Sevitt had decided to cut me out of this year's introductory course. His answer to my query was to apologise for his discourtesy in not having let me know, explaining he was making some experimental changes.

There has been talk of envy of creativity in the recent IGA's extra meetings, and I see this letter as a sample of what Shakespeare called 'forgeries of jealousy'. However, I was not sorry to have been excluded personally, indeed I was rather relieved but it does concern me that this was one of the few settings in which I could support the development of the Median Group section which has been my particular interest and which in the course of the last 18 years brought in something like £50,000 for the Society.

Which brings me to thoughts about my own mortality. Mortality is seen in the unconscious as murder since it is only in consciousness that one becomes a mortal; the kinship nature of the institute as a large group renders it largely unconscious in its behaviour, typically primary, oedipal and familial. For instance I ask myself did Foulkes die as a mortal in his last group or was he murdered? (He told me he would have given £50 not to have been attending).

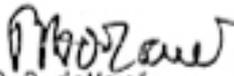
Similarly, three members of GAS worked at the Tavistock and all three developed near lethal illnesses. As another example the atmosphere at the meetings of the Institute of Psycho-Analysis is generally known to be pretty unsavoury.

In short all three Institutes are in a state of jeopardy and are potential killers.

To address these unhappy circumstances I circulated this flyer amongst the membership of the last EGM (31st October) and I felt it to be sufficiently important to ask you to publish this letter accordingly, even though it is somewhat similar to a letter I wrote for Dialogue's last issue. I am most grateful, although it seems writing has replaced talking.

- The Institute is facing the dilemma of having grown into a large group where its main skill in small groups is proving to be inadequate.
- Simply adding further small committees can never address this problem and does not constitute a structural change but only more of the same.
- Large networks have two main bifocal characteristics, first a kinship mode of work which is 'natural' and secondly a Kithship mode which is 'social' and has to be cultivated. This can only be done in a large group setting when Kith in dialogue with Kin create a Koinonic atmosphere.
- Recommendation that whatever else is decided this issue be addressed. Two large groups a year is not enough. It is imperative that the Institute's Large group takes itself more seriously, since it represents what Foulkes termed the foundation matrix. I would suggest it meets monthly (not necessarily at weekends). Otherwise such problems as these recent EGMS have been asked to resolve, eg. envy and unbridled authoritarianism will continue to recur, sometimes disastrously. On the other hand if we do adopt this procedure we will undoubtedly be a step ahead.

As for me, I get plenty of support from other lands and like Richard the Second will continue 'to hammer it out' even though 'here is not a creature but myself'.


P B deMaré
FRC Psych

1993-94 Cor. AG 13-8

Dr. Patrick B. deMaré, F.R.C. Psych.

Telephone: 071-794 3171

5 Holly Place,
London,
NW3 6QU

14/5/93

Dear Alfreda Galt.

I was so sad to

hear you are suffering from

Such a Scourge. I shall

miss you indeed.

We had an amazing

7

meeting - a sort of Symposium
Memorial get together -
over the Great Coro of Saint Bohan
at Bunkiech College. It was
as if he were present - quite
amazing.

Try not work so hard
I'm sure this plays a role
Bless you! Pat

P.S. I'll be looking in the near
future - I'm sure we can
pursue this Central Theme.

THE LIFWYNN FOUNDATION
Box 314, 1771 Post Road East
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*Resposta a Carbone Pat & Pat
de 13/1/94 + affadad*

February 1, 1994

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Dear Pat:

Your letter made me very happy. I am delighted that you are to give a workshop in Massachusetts this October-- that would be most convenient and I am planning to register before March 15, unless you let me know in the meantime that you have a similar workshop scheduled elsewhere earlier in the year. The reason for this request is that I am very much taken with your thoughts about collaboration. But I feel I need first to experience your work and be clearer about the relationship between the two areas of group analysis in which we have both labored.

So if I could dispense with the long wait until October (and travel costs for an earlier workshop would not be prohibitive), I would be pleased. I have still not heard from the Guggenheim.

Do you have time to send me some of your ideas about our getting some "applied anthropology" going? That certainly attracts me, but how do you see it happening-- in a group? in discussion between us? in writing? I was interested that your longstanding group is only ten to twelve, having always associated you with median groups. I am part of an even smaller peer group of five to seven, which meets monthly, and works with its own immediate reactions as members of an organization (family?). The premise is that we embody the pathology of the community-at-large and that it can be observed not only in our interaction but internally in terms of certain tensions and sensations. But I look forward to the opportunity of going into such matters in greater detail--it is always risky to try to give a two-sentence description of such work.

I am also in touch with an extended group of associates in other cities and I know all will share my pleasure in your letter and be interested in your thoughts-- especially Jack Wikse, our former Research Director now living in Chicago. He originally proposed the dialogue

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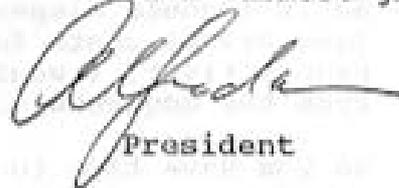
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*Clinical Professor of
Psychiatry Emeritus, Albert
Einstein College of Medicine,
New York, NY*

between you, David Bohm and myself and I believe was in touch with you about it.

Your letter to the editors of the IGA Newsletter held great interest for me. All the groups that I have been associated with in my lifetime have exhibited similar divisions, except when we were working together against some other human beings--the Nazis or whomever. The fact that disunity occurs even in an institute devoted to group analysis seems to confirm Burrow's diagnosis of a shared disorder in which we are all implicated. I was struck by your analysis of kith and kin, of murder and mortality, and your recommendation that the organization move toward Keionia. The Institute seems to me to have an unparalleled opportunity and I hope that eventually I may hear how it all evolves.

Again my thanks for the pleasure of your letter and the cordiality of your response.

With warmest greetings,


President

Dr. Patrick de Mare
5 Holly Place
Holly Walk
London NW3 5QU
England

ASG:g

P.S. I have a call in to the Routledge office in New York for information about obtaining The Psyche and the Social World over here. Thanks for letting me know about it.

Telephone: 071-794 3171

5 Holly Place,
Holly Walk,
London,
NW3 6QU

18/1/99

Dear Mrs Galt -

I am delighted to hear from you and am so looking forward to meeting you. There is so much to talk about.

I may be away for a few days over a week-end in May.

As you see I shall be in Cambridge, Mass from 19th October to 23rd October inclusive doing 12 sessions.

It might interest you to come and/or

Yes - I have indeed to Lifford
Correspondence and when we meet I'll

Give you a cheque for memberships.

I enclose some bits + pieces

which might interest you. I wrote
Chapter 13 in the book 'Psyche + Social World'

I've withdrawn from the Tuesday

meetings to see how they get on without
me - there are about 10 - 12 of us
only but they are real stalwarts.

They meet in Room 2 every Tuesday
at 8.15 pm - No 1 Dalcham Gardens
NW3 but I'll tell you more when
you phone me.

I hope you have been successful
from the Guggenheim Foundation.

I'm so looking forward to
seeing you - perhaps we could get going
something of an operational nature
together - applied anthropology in the
making! A sort of section!
Hugs you! Pat.

Dr. Patrick B. deMaré, F.R.C. Psych.

Telephone: 071-794 3171

*28 Downshire Hill,
London,
NW3 1NT*

Dear Gill + Meg,

KITH AND KIN

5/10/93

The group analytic institute is having to face the dilemma that it has now become a large structure and that their main training skills in small group techniques are proving inadequate.

The Group analytic Society on the other hand has set up two sections, one for Median Groups which is evolving well and another for large groups which has yet to be developed and of which the Institute appears to have no cognisance.

These larger networks can be recognised as having two basically distinct cultures namely those of Kith and Kin. The Oxford English Dictionary points out that originally these two terms had two different meanings and it was only later that they became confused and lumped together, a phenomenon which they termed 'pleonastic'.

In the original meaning, Kinship networks constituted a blood relatedness (consanguinity) claiming descent from a common ancestry and one characterised by family, royalty, tribe or race structures. Kith refers to social relatedness, neighbours, acquaintances, and social organisations. For Kin the currency is blood, for Kith property and money. Kin is matriarchal, Kith is patriarchal. In the most hierarchical power structure of all time, namely that of the family, oedipal conflicts prevail, so that whilst kinship is instinctive, kithship has to be cultivated.

The large group network is a foundation matrix in which this dilemma between Kith and Kinship could be addressed, but it would have to be more often than twice a year, otherwise the institute will remain sunk in purely kinship issues taking the form of family sized bureaucratic conflicts and overlooking its social potential of kithship.

Pat deMaré

P. B. deMaré

1993-94 Can AG 3-98

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March 25, 1994

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*Clinical Professor of
Psychiatry Emeritus, Albert
Einstein College of Medicine,
New York, NY*

Dear Juan:

It was good of you to write that long article for the next issue of Lifwynn Correspondence. I like the jovial tone and think that it will help to lighten the section on Social Self-Inquiry. It is hard-hitting and critical in spots but I think the publication can stand up to that okay. And it should be interesting to many of our readers.

Mary Alice is doing some editing on your piece, as well as other contributions we have received. When she has finished, she will fax a copy to you. Of course, you must let us know if any of her suggestions are not satisfactory to you.

At the same time I want to ask you about the final paragraph about GAS deciding to hold a symposium in Buenos Aires on the relevance of Burrow's work to human problems of today. Are you referring to the discussion in Montreal? The symposium subject I suggested to the Heidelberg meeting was related to what IAGP members do singly or collectively to ease such social problems as ethnic conflict, etc. I'm not suggesting that you change the final paragraph of your paper for Lifwynn Correspondence but that you fill me in about the proposed symposium. It seems late to set one up on either topic, not to mention the Foundation's financial problems.

I don't think I mentioned to you on the telephone the concern that I had about my older sister at the time of the Charlottesville conference. I stopped to visit her in Maryland on my way home knowing that it would probably be the last time that I saw her. We had a lovely couple of days reminiscing about our childhood and especially about the sister we lost last September. I was planning to return the following week but she died before I could get back. It is sad to be the last of my family, as you can imagine.

You will see by the enclosed that the Guggenheim Foundation did not deem my proposal worthy of support. I

can't say I'm really disappointed as I was not too optimistic and I certainly have lots of company. But I want to thank you again for taking the time to send a supporting recommendation for my application. I appreciated it very much and am sorry it was to no avail.

You will be hearing from us soon again and meantime this brings much love to you both.

Sincerely,

Dr. Juan Campos
Grup d'Anàlisi
Passeig de Sant Gervasi, 30
08022-Barcelona, Spain

P.S. Burrow did not really abandon the term group analysis, as you say on page 3 of your article. He introduced the term phyloanalysis as an alternate in his 1930 paper "The Physiological Basis of Neurosis in Dream," but continued to use both terms and there are many references to group analysis in the index of The Neurosis of Man (Science of Man's Behavior). And, you know, he never abandoned group work--I was at the camp his last summer there in 1949, and there was plenty of group/phyloanalysis.

*Hope this won't be too long
reaching you by air - Diana
is away for a week and I can't
fax it alone - She has the software
for you*

Juan Campos Avillar, M.D., of Grup d'Analisi, Barcelona, wrote the following letter of Alfreda Galt on March 6, 1994. Juan is Chairman of the Group Analytic Section of the International Association of Group Psychotherapy and an Advisor to The Lifwynn Foundation. He worked with S. H. Foulkes, M.D., at the Maudsley Clinic 1958-59 and has remained a student of his since then. Dr. Foulkes used the term group analysis for the group analytic therapy he introduced in England during World War II. He thought mistakenly that Trigant Burrow had substituted phyloanalysis to describe his own studies but actually the latter continued to use both terms. Juan became acquainted with Burrow's writings in 1988 and has been in touch with the Foundation ever since.

Operational Group Analysis

In response to TLC proposal (TLC both for *The Lifwynn Correspondence* and for "tender loving care"), I am quite excited about the possibility to conduct "social self-inquiry" within the pages of *Lifwynn Correspondence*. First, though, I will respond to your letter of January 21st. You remind me that *you are using the term social self-inquiry rather than group analysis so that it will not be confused with other forms of the latter, but that by social self-inquiry you mean Burrowian group analysis*. You also say that the TLC proposal really developed out of the suggestion I made in one of our telephone calls that we try to get the subscribers to take an active part in the publication. Then you confront me with the \$100,000 question:

I wonder whether it (TLC) bears any relation to Foulkes' proposal for GAIPAC. In reading your review of the history of group analysis and the Group Analytic Society (London), I had the feeling that Foulkes was thinking in terms of a kind of group analysis for group analysts. Is that correct? It may be that our suggestion goes further than Dr. Foulkes' proposal but is it along the same line, and would you consider writing something on this subject for the next issue of Lifwynn Correspondence?

Well, I certainly cannot imagine where you got this idea from--which, by the way, I wish had been so. What Foulkes was aiming at with GAIPAC [Group Analysis: International Panel and Correspondence] in 1967, at least explicitly, was:

to introduce an international correspondence on group analysis and cognate fields, to be based mainly on the experiences in analytic psychotherapy, including approaches to the primary group in an operative sense, e.g., family therapy.

His idea, if very much a practical one, has ideological undertones:

In my observation there is an enormous waste of energy in that a multiplication of work takes place on the same problems by individuals or whole groups in this field, nationally and internationally. To link these efforts up by intercommunication will be a great step forward and will also lead to cross-fertilization. There is a great need for such an

exchange as to questions of method and technique which should be raised and ventilated. An important task is the establishment of unified concepts and a unified theory which would be of practical use in this whole field, comprising not only therapy but the use--dynamic use--of small groups in teaching, education, industry and many other human endeavors.

If there was as well a "secret agenda," I don't know. All that he stated was:

This correspondence is therefore essentially an expanded circular letter, an international workshop or study group. It is expected that the format of this publication will preserve the intimate quality of a correspondence with its free exchange, views and information. We must be free to talk to each other or write to each other respectively with greater frankness and liberty than is usual in professional journals. Equally, worthwhile clinical communications tend to endanger the usual barriers of professional discretion. It is therefore self-evident that in both respects communications are treated as strictly confidential between us, that is to say that they cannot without special permit be quoted or published elsewhere, except of course the writer's own contribution.¹

There is no evidence to sustain your impression that Foulkes with GAIPAC was "thinking in terms of a kind of group analysis for group analysts." I don't even know if in 1967 he already had in mind the international society of group analysts he was envisioning when he retired from GAIPAC's editorship in 1975. During these eight years the number of "registered subscribers" rose from 100 to 500 and, besides the *Correspondence*, face-to-face meetings, workshops and symposia complemented the project. It is only by "circumstantial evidence" that I dare speculate that it was to neutralize the deleterious, institutionalizing effects of the then emerging Institute of Group Analysis--and to find the safe forum that the International Association of Group Psychotherapy (IAGP) had not yet been able to provide--that Foulkes established GAIPAC. And that was a professional proposition, quite different to that of the health-promoting one that led Burrow to found The Lifwynn Foundation.

No, I do not think that Foulkes was thinking in terms of "group analysis for group analysts." As far as I know, he had not even dared to submit himself to a group analysis with his students and colleagues and, of course, very few of his closer early associates dared to submit to a group analysis themselves--at least in a larger context than a "group of two." Group analysis for group analysts is a logical conclusion but I am not certain it can be attained in this neurotic world of ours.

Now the question is: Is it possible to conduct social self-inquiry in writing? Pat de Maré likes to say that we must learn to "*feel with our brains, and think with our guts.*" Would that be a good start for "self-inquiry"? But from where and from what should we feel and think when we are caught with an "itch to scribble"--from our "finger tips" or from our "Freudian ass"? I mean from an obsessional compulsion with priorities and to be right and have the last say in the discussion? The examples of "scribbling neurosis" Lloyd Gilden offers us in page 5 [*Lifwynn Correspondence*, Vol. 3, No.1] well illustrate what I mean. I always ask myself how it happens that Trigant Burrow, and by the same token S.H. Foulkes or even Pat de

Maré, are so difficult to read. I used to think that this phenomenon was related to the subject matter they are dealing with--not finding words to express what neurotically lies behind the symbol and is part and parcel of resistance and self-defeating mechanisms due to the "social neurosis" that we share as human beings. The "faux pas" Burrow identified as developing along with our phylogenetic language cannot be repaired with more of the same, "a word salad."

If you remember, we met thanks to the gentleman who reviewed your *Toward Social Sanity and Human Survival in Group Analysis* and could neither stomach Trigant Burrow's obsession with "neologisms" nor the beautiful patchwork you did as editor with his obscure thinking. Freud himself lost his patience with the American "obscure babbler" who insisted on quoting Einstein to face the "unsolved problem." Well, after six years of trying--with most generous and gentle tutoring--I still feel that, regardless of how obsessively accurate Burrow is in the wording of any single sentence, he does not make things easy for us to understand him. In some of my previous incarnations I must have been a ruminant, otherwise I could not stomach Burrow's stuff myself and, mind you, I still do not find palatable words such as phylo- etc. and co- or di-tention.

Going back to the proposal of conducting a social self-inquiry in the pages of *TLC*, I do not feel we should recur to ritual, orthodox cotentive formulae. I feel that for the time being it would be enough if we engaged in dialogue--as we already are doing. For example, if I were to say that the phrase that resonated to Ralph Hurtlen (page 3), *species solidarity*, helps me understand better what group analysis is about. Early in his career, Freud said of his method, "Psycho-analytic treatment may in general be conceived as a re-education at overcoming internal resistances" to the uncovering and translating of the personal unconscious.² Paraphrasing him, we could say today with equal right that group analytic treatment may specifically be conceived as a *re-education at overcoming internal resistances* to reach common consciousness of our mutual groupishness.

That may be why the Group Analytic Section of the IAGP, at your suggestion, decided to hold a symposium in Buenos Aires on the relevance of Trigant Burrow's work to our human problems of today. In your last editorial you explain:

Why does this task seem important? At this time, when millions of men and women throughout the world are seeking answers for the painful riddle of human antagonism and dissociation, it seems valid to bring Burrow's studies forward. The participants in that first group analysis took a unique research position by studying the common trend to authoritarianism as a generic condition existing in society-at-large and reflected in themselves. Their research led to radical findings regarding a pathological factor that is both social and physiological and that operates at present throughout human groups. These findings need to become part of the ongoing dialogue of our times. Not in contrast to the work of others but in conjunction with them, Burrow's studies provide a crucial element in our search for survival that may otherwise be overlooked.

I agree; my question, however, is will it be enough with just research, or has the time come when we should

start acting on what we already know? By this, I mean "operational group analysis," that is, the equivalent at group level for professional groups in Group Analysis of the "doctor, first cure thyself," that is "self-inquiry" of the professional self and "plexus".

¹ S.H. Foulkes. *Group Analysis: International Panel and Correspondence*. Vol. 1 (1967) No. 1. Introduction.

² Sigmund Freud. *On Psychotherapy*. (1905) SE, Vol. VII, P. 263.

In response to Juan's article, Mary Alice Roche wrote the following comments which we are including at his suggestion.

1. In my experience the research is also the main action: the changing of human behavior happens only in doing such research, in which we continually re-experience our own behavior. In conscious awareness of this experience lies the cure for the neurosis. Since the research involves both mind and body, the change in behavior happens of itself because the whole organism is involved.

Other action is to make known our findings--but only to encourage others to do such research themselves. Not to think that words alone will bring about change.

2. Is there confusion of the technique of cotention, the "exercise" which we can "do," with cotention, the form of attention which is "the inherent, biological norm," and the basis for all interrelationship, including social self-inquiry? As I understand it, social self-inquiry is a way to the conscious experience, in the whole mind/body, of hindrances to this biological norm. And, given this kind of attention, in my experience, those hindrances can change, allowing a more healthy relationship with the other--whether that be myself, a you, an it, the group, the world.

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Barcelona, September 25, 1994

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Dear Alfredo,

Sorry for my delay in answering your letters of June 10 and August 16, 1994 and in commenting your original article of Gatti and its English translation. I was busy preparing the Board of Directors Meeting of IAGP which took place in Santander the last week of August. Regards the latter, I cannot complain. The Section of Group Analysis has been definitely established. Malcolm Pines and myself are to co-chair it until Buenos Aires. So, I formally invite you to become officially the first Member of this Section and to continue as you did on its operational developmental committee.

(This is a sort of transcription of my handwritten letter I wrote you on the airplane on my way back to Barcelona last Sunday) I waited to be back home to compare the English translation with the original version of the Gatti paper. Regards the latter, I don't think much of it. I rather like Diego Napolitani's editorial. Anyhow, since it seems to be the beginning of a series, that is quite convenient. Find enclosed copy of the FAX I sent Diego congratulating him for this initiative. Most likely he will welcome further commentaries on my part. I gave a copy of the translation to Malcolm Pines who, as you may know, is the editor of Group Analysis The Journal of Groupanalytic Psychotherapy, to give me his appreciation, and also his support to have the article published in the International Journal of Group Psychotherapy. He showed interest in having it published in his own Journal. So, I don't think we will have any trouble in having the article published. Nevertheless, if you would rather have it published in America in the IAGP or Group, the person to put a word in would be Max Rosenbaum.

The interest in Trigant Burrow seems to be growing. Malcolm and myself are writing a book for Routledge on Foukles and the history of Group Analysis. Of course, the chapter on Trigant Burrow will be my responsibility. And, as you can imagine, I will check this chapter with you before sending it to Malcolm Pines.

In reference to Koinonia and the encounter with Pat, there are two things I would like you not to forget: First, that even though you like to introduce yourself just as a student of Trigant Burrow, in the field of Group Analysis you are not only an author but an authority as great as Pat de Maré and senior to him in this field. So, you are at peer level in your dialogue. Second, in order to try to set up something in Barcelona - that means in Europe- between you two, you first have to see in the USA if you feel comfortable with him and if the encounter could be productive at all.

Our vacation was great within the limits, of course, imposed by my compulsion to work. But we came out of it quite rested. The heat was real murder this summer. With the help of the airconditioning we did not feel it in the house even though some of the plants on our terrace succumbed regardless of how much we watered them - or because of this. Now before I close, I would like to hear something more about your Intel-Satisfaction Modem-Fax Board. I have had plenty of trouble with it myself, but you should not with the machine you have. Well, I will go on faxing to Mailbox.

(They are calling my flight now, I am up in the air now. Well, it seems that this take-off broke my inspiration... Anyhow, it is nice to be talking to you here 12000 feet high and at 4000 miles distance. We are closing in on Barcelona. I will fax you this mess when I reach home...) which obviously I did not because with the bumps it was no legible. We will go on, won't we? Yes.

Love,

Tuan

PS: Spain seen from so far up looks beautiful. You will see, I hope

PPS: One week later, that is today. Shelly said he liked my article in TLC. Let us see if he joins in into our self-inquiry in writing. Bye now

In second thought I join you
here a little article I wrote
for the Board of Directors
in Santander.

↓
Plus Ultra
3 pgs

FAX

Date: 25-9-94
 Number of pages including cover sheet: 2

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